



Take & Bake Available All Week

Panang Curry \$12.00
*A rich Indian stew made from carrots, shallots, red bell peppers, ginger, peanut butter and coconut milk. Served with jasmine rice and your choice of soup or house salad. **Gluten free & Vegan***

April 2 through April 6

Monday Lunch

Soup - Potato Leek 12 oz. \$4.95
Savory Lunch Pastry - each \$6.25
 ❖ **Meatloaf & Roasted Carrot**
Add a deli salad, a green salad, or a soup for a combo \$9.50

Mac n' Cheese made with extra sharp cheddar
Served with soup or green salad \$10.25

Monday Take & Bake Dinner Special

Beef Brisket with Roasted Potatoes \$14.00
*Seasoned brisket slow cooked and sliced thin with organic oven roasted potatoes. Served with your choice of soup or house salad. **Gluten free***

Tuesday Lunch

Soup - Hearty Vegetable 12 oz. \$4.95
Savory Lunch Pastry - each \$6.25
 ❖ **Sausage, Pepper & Potato**
Add a deli salad, a green salad, or a soup for a combo \$9.50

Falafel Lunch Box \$10.25
Delicious vegan falafel patty with sliced vegetables, quinoa tabbouleh, feta cheese, yogurt sauce and pita bread.

Tuesday Take & Bake Dinner Special

Spinach Pie \$13.00
Cooked greens layered with creamy cheese and flaky phyllo pastry makes this a hearty vegetarian dinner. Your choice of soup or house salad also included.

Wednesday Lunch

Soup - Zuppa Toscana 12 oz. \$4.95
Savory Lunch Pastry - each \$6.25
 ❖ **Chicken, Broccoli & Cheddar**
Add a deli salad, a green salad, or a soup for a combo \$9.50

Lunch Snack Box \$9.25
Herb frittata, feta cheese, fresh pita bread, snack vegetables, hummus and carrot slaw all in one box!

Wednesday Take & Bake Dinner Special

Turkey Ginger Meatballs \$13.00
*Turkey meatballs seasoned with ginger, garlic and sesame oil. Served with organic brown rice pilaf and sautéed vegetables. Soup or house salad also included. **Gluten free***

Thursday Lunch

Soup - Spicy Red Lentil 12 oz. \$4.95
Savory Lunch Pastry - each \$6.25
 ❖ **Shredded Pork w/Black Beans & Cheddar**
Add a deli salad, a green salad, or a soup for a combo \$9.50

Thursday Take & Bake Dinner Special

Loaded Baked Potato \$12.00
A fluffy, organic baked potato stuffed with sautéed leeks, broccoli and bell peppers. Cheddar and sour cream served on the side. Your choice of soup or house salad also included.
 **With Bacon \$13.00

Friday Lunch

Soup - Broccoli Pottage 12 oz. \$4.95
Savory Lunch Pastry - each \$6.25
 ❖ **Loaded Baked Potato**
Add a deli salad, a green salad, or a soup for a combo \$9.50

Lunch Quiche \$8.75
Enjoy a slice of our homemade quiche with a crispy garden salad or a cup of soup for a perfect lunch

Friday Take & Bake Dinner Special

Grilled Chicken with Risotto \$13.00
And Mushrooms
*Savory seasoned chicken seared in cast iron served with creamy parmesan risotto and sautéed mushrooms. Your choice of soup or salad also included. **Gluten free***

**Remember, We Have
 Gift Certificates for Easy
 Gift Giving! Everyone Loves
 the Gift of Great Food!**